

OKLAHOMA STATE UNIVERSITY



# COLLEGE OF OSTEOPATHIC MEDICINE



**MEDICINE**



Medical students Andrew Tran (left), Alex Baldrige and McKenna Riggs practice inserting chest tubes with help from Dr. Amanda Cain (right) in the Clinical Skills Lab at OSU Center for Health Sciences in Tulsa.

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We say it a lot, but OSU College of Osteopathic Medicine is like a family. As faculty and administrators, we care about our students and the profession we are preparing them for. We want students who have that same passion for care and desire to make a difference in the lives of others.

— **Dennis Blankenship**, D.O. Class of 2002  
Dean, OSU College of Osteopathic Medicine  
Clinical Professor of Emergency Medicine





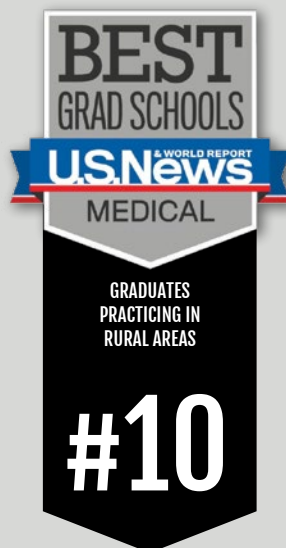
# Why OSU College of Osteopathic Medicine?

For over 50 years, Oklahoma State University College of Osteopathic Medicine has been educating and training doctors who are caring for their patients in every corner of Oklahoma and across the country. Our graduates are joining the growing number of osteopathic physicians who are excelling in primary care and every specialty including dermatology, cardiology, neurology and orthopedic surgery.

During your first year of medical school, you will be welcomed by your Cowboy family. A second-year medical student with similar interests and goals will be paired with you to answer your questions, and offer guidance. A faculty advisor will offer study strategies and provide additional support.

More than 3,800 students have graduated from OSU-COM and are now practicing medicine in the United States along with almost 135,000 Doctors of Osteopathic Medicine, or D.O.s. More than 25 percent of all current medical students are attending an osteopathic medical school.

There are more than 168,700 D.O.s and osteopathic medical students in the United States, an 80 percent increase in the last 10 years.



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# BE PART OF THE COWBOY FAMILY









# SAME QUALITY EDUCATION ON TWO CAMPUSES

## **Tulsa is the second-largest city in Oklahoma.**

Oklahoma State University College of Osteopathic Medicine educates and trains osteopathic physicians in a wide range of specialties with an emphasis on serving rural and underserved Oklahoma.

During the first and second year of medical school, lectures and labs are taught in person and recorded for students to learn at their own pace. Regardless of the campus you are admitted to, you will have access to the same resources, clinical faculty and staff, and education to prepare you for your career in medicine.

The hub of our medical school is the A.R. and Marylouise Tandy Medical Academic Building with lecture halls, learning labs, classrooms, clinical skills exam rooms and a hospital simulation center. North Hall, right next door, is the newest building on campus and has one of the most advanced anatomy labs in the region as well as a dedicated lab for neuroanatomy for second-year students.

OSU-COM is just minutes from bustling downtown Tulsa with unique and local shops and restaurants; venues for concerts, sports and performing arts;

parks and green spaces that host community events throughout the year.

River Parks, just minutes from campus, is comprised of 26 miles of paved foot and bike trails along the Arkansas River that incorporate playgrounds, fountains and sculptures. Also along the river is the Gathering Place, voted one of America's top parks and attractions with playgrounds, water features, eateries, and green spaces. Not far from there is Turkey Mountain Urban Wilderness with 45 miles of dirt trails for hiking, mountain biking and trail running.

Tulsa's is known for its Art Deco architecture dating back to when Tulsa became known as the "oil capital of the World" in the early 1900s. It's also home to world class museums including the Philbrook Museum of Art, Gilcrease Museum and Greenwood Rising Black Wall Street History Center, as well as family-friendly attractions like the Tulsa Zoo, Oklahoma Aquarium and Tulsa Botanic Gardens. Catch a Tulsa Driller's baseball game, FC Tulsa soccer match, Tulsa Oilers hockey game, or the newest sports franchise in town, the Tulsa Oilers indoor football team.





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OSU-COM has been an environment for collaborative work with our peers. Traversing the difficult four years that medical school has to offer is easier to accomplish with the beautiful community that OSU-COM provides. The school not only offers an amazing campus filled with study rooms, student resources, and team-building events throughout the curriculum, but also continually fosters growing relationships with other students, faculty, and visitors! We find both the quality of teamwork and collaboration pertinent since, as future physicians, it will be imperative to employ these skills with a healthcare team to provide optimal care in our practices.

— **Zohaib Thayani**, OSU-COM Class of 2026







## Tahlequah was named one of the top 100 Best Small Towns in America.

The OSU College of Osteopathic Medicine at the Cherokee Nation in Tahlequah, Oklahoma, is the country's first tribally affiliated medical school.

In addition to lecture halls, classrooms and lab spaces, students also learn using advanced technology in the hospital simulation center and clinical skills lab. Students on the Tahlequah campus enjoy smaller class sizes, more personalized learning, and cultural engagement with the Cherokee Nation and other tribal partners.

The 2022 and 2023 OSU Student Doctor of the Year were both students at OSU-COM CN.

The school is located on Cherokee Nation land on the same campus as the W.W. Hastings Hospital and the Cherokee Nation Outpatient Health Center, where students have the opportunity for hands-on training and experience. Just yards away, construction has also started on the new Cherokee Nation Hospital.

Tahlequah is the capitol of the Cherokee Nation, the second largest American Indian tribe in the country. You can visit the Cherokee National History Museum housed in the original Cherokee National Capitol building, or attend Cherokee National Holiday held over Labor Day weekend every year.

The Illinois River in Tahlequah is ideal for canoeing, kayaking or floating with friends. You can also fish or camp along the river or at two state parks in the Tahlequah area, Cherokee Landing and Tenkiller State Park. There are also plenty of scenic hiking trails around Tahlequah including Tenkiller State Park, J.T. Nickles Preserve, and Sparrow Hawk Primitive Area.

The campus' students take part in a wide range of community service and engagement opportunities, and the Tahlequah and Cherokee Nation communities in turn support our students through donated resources, events and more.



I chose OSU-COM at the Cherokee Nation because of its dedication to rural and underserved communities as well as the support OSU provides to student success and wellbeing. As a non-traditional student, it was not easy stepping back into the classroom after 12 years of a professional career. The faculty and staff have gone above and beyond to welcome each of us and support us in our own individual journey. Truly a Cowboy family!"

— **Stephanie Van Nortwick**, OSU-COM CN Class of 2026





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At OSU College of Osteopathic Medicine, and particularly here at our Cherokee Nation campus, many of our students are interested in practicing in rural or underserved communities. It's a learning environment that promotes students to pursue their passions to serve patients who need access to patient-centered care. OSU encourages us to do our best, and it pulls the best out of us.

— **Natasha Bray**, D.O. Class of 2003

Dean, OSU College of Osteopathic Medicine at the Cherokee Nation  
Associate Dean of Accreditation







# ADVANCED TECHNOLOGY



At OSU-COM, students learn and train in innovative facilities. The Tulsa and Tahlequah campuses house world-class hospital simulation centers and patient-centered clinical skills centers, which enable students to practice essential skills, procedures and critical care training on high fidelity manikins and human patient actors.

OSU-COM also has a number of procedural simulators including a laparoscopic surgical simulator, ultrasound simulator, GI bronchial simulator and orthopedics simulator, providing the most up-to-date medical training to students.

## Hospital Simulation Centers

OSU-COM's hospital simulation centers provide innovative, hands-on learning environments. Exemplifying the adage "practice makes perfect," these facilities enable students to gain clinical experience in a wide variety of medical scenarios, while also receiving feedback and evaluations to hone their clinical skills.

Highly realistic scenarios are created in a safe environment with eight simulation suites configured to match the conditions of a birthing room, operating room, emergency room or intensive care unit. Students have the opportunity to work on high fidelity manikins to learn innovative clinical techniques without fear of harming the patient.

## Patient-Centered and Student-Focused Training

There are 18 clinical exam rooms on the Tulsa campus and 10 rooms in the Tahlequah facility. Students interact with standardized patients — actors playing the role of patients — with different medical conditions. Students develop diagnostic skills and bedside manners needed for history-taking, physical examination, communication and relationship building.



08

Hospital Simulation Suites

28

Clinical Exam Rooms

28

High-Fidelity Manikins

01

Surgical Simulation Suite

01

Virtual Reality/  
Augmented Reality Lab

02

Clinical Skills Labs

01

Ambulance

# THE D.O. DIFFERENCE

The field of osteopathic medicine was founded on the philosophy that all body systems are interrelated and dependent on each other for optimal health. A Doctor of Osteopathic Medicine, or D.O., embraces a holistic approach to medicine, focusing on preventative ways to attain and maintain wellness.

Another way D.O.s are unique from allopathic physicians, or M.D.s, is they receive additional training in the skill of osteopathic manipulative medicine, or OMM. This unique skill gives D.O.s an understanding of how an injury or illness in one part of the body can affect another, enabling them to use their hands to diagnose and treat patients in order to reduce the need for medications. By combining their OMM knowledge with the latest advances in medical technology,

osteopathic physicians offer their patients the most comprehensive, patient-centered, health-oriented care available.

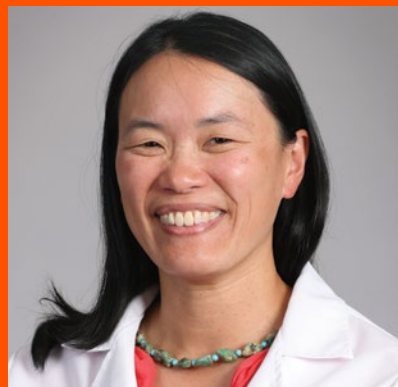
OSU-COM offers students clinical experiences to practice their OMM techniques during their first week of school. OMM faculty consult with students on their assessments and treatment as well as discuss preventative care with patient models.

Students also gain additional experience practicing their OMM techniques on staff and faculty during a Tuesday noon clinic. First-year and second-year students are paired to practice their interpersonal skills by giving a comprehensive screening, practicing techniques then consulting with faculty for a grade and guidance.

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With osteopathic medicine, we learn all aspects of medicine, but we also learn about how the patient's anatomy plays into their physiology — how your body's structure is affecting how your body functions. A lot of the osteopathic philosophy is about empowering patients. That respect for the patient and putting the patient first, and not just concentrating on the medical issues, is really built into the osteopathic philosophy.

— **Leslie Ching, D.O.** Clinical Assistant Professor  
Osteopathic Manipulative Medicine Department







**D.O.s are fully licensed physicians who recognize the interrelated unity among all systems of the body, each working with the other to promote overall health and wellness.**

## DID YOU KNOW...



Oklahoma State University President Kayse Shrum is a D.O. and graduated from OSU College of Osteopathic Medicine in 1998. She practiced pediatrics before she returned to OSU-COM to teach and eventually lead the campus.



OSU-COM alumna Julie Ledgerwood, D.O. is the deputy director, chief medical officer and chief of the clinical trials program at the National Institute of Health's Vaccine Research Center and was part of the team that developed the Moderna COVID-19 vaccine.



Ronald Blanck, D.O. was the 39th Surgeon General of the US Army and the only physician appointed to this position.



J.D. Polk, D.O. is NASA's chief health and medical officer, oversees the health of astronauts.



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“The curriculum at OSU College of Osteopathic Medicine is constantly evolving to stay current and ensure readiness for licensure exams as well as the clinical experiences necessary for residency and beyond. The curriculum, along with accessibility of faculty, the research opportunities and early clinical experiences are just some of the many facets that make OSU-COM unique among medical schools.

— **Randy Wymore, Ph.D.**  
Associate Dean for Curriculum





# INNOVATIVE CURRICULUM

Providing students with an exceptional medical education is our top priority. OSU-COM's four-year program emphasizes the integration of biomedical sciences with clinical systems and is designed to prepare medical students for all aspects of medicine. This enables them to enter any residency program in any specialty.

Our faculty are committed to excellence in teaching and are eager to share their experience and passion for osteopathic medicine with their students. We understand that students learn in different ways, so our curriculum incorporates traditional classroom lectures with laboratory sessions and small group and team-based learning. OSU-COM also offers individualized advisement

and counseling in career development, study strategies and academic skill development.

Our rigorous academic curriculum combined with our support services prepare students for success on national examinations and residency training.

After taking their first board exam, third- and fourth-year medical students are out of the classroom to start their rotations. OSU-COM has a wide array of required and elective clinical rotations in a variety of settings and specialties including emergency medicine, psychiatry and behavioral sciences and pediatrics.

For more, visit [okla.st/com-curriculum](https://okla.st/com-curriculum).

**In 2022, OSU students had a 98% first-time pass rate for COMLEX Level I, compared to the national average at 93%. OSU's first-time pass rate for the final licensure exam before graduation was 100% while the national average was 97%.**

# ELECTIVE MEDICAL TRACKS

OSU College of Osteopathic Medicine offers four medical education tracks to give students interested in rural health, tribal health, urban/underserved or global health additional education and training opportunities.

## Rural Medical Track

OSU-COM has a mission to produce primary care physicians for rural and underserved Oklahoma. That mission is critical as the state is challenged by continued shortages of primary care physicians. OSU-COM offers a dynamic Rural Medical Track with a specialized course of study that trains students to care for rural and underserved populations while developing skills that prepare them to be community leaders.

For more, visit [okla.st/ruralmedicaltrack](https://okla.st/ruralmedicaltrack).



Medical student Ashton Glover Gatewood (right) checks Claire Chouinard (center) while her mother Andrea Chouinard (left) sits near during her clinical rotation at the Chickasaw Nation Medical Center in Ada, Okla.





Student Doctor of the Year Jordyn Austin at the OSU Medicine OB/GYN south clinic in Tulsa.

## Tribal Medical Track

OSU-COM's mission aims to improve the primary care physician workforce shortages faced by tribal health care systems. To prepare doctors for a successful transition into tribal communities and health systems, we offer a Tribal Medical Track. The opening of OSU-COM at the Cherokee Nation provides unprecedented opportunities for students to train within the tribal health system. For medical students who are Native American or interested in tribal health care, the Tribal Medical Track creates a diverse pathway to serve tribal communities as primary care physicians.

For more, visit [okla.st/tribalmedicaltrack](https://okla.st/tribalmedicaltrack).

## Urban Underserved Medical Track

OSU College of Osteopathic Medicine's mission is also aimed improve the primary care physician workforce shortages faced by urban and underserved health care systems across Oklahoma. To prepare doctors for a successful matriculation into urban underserved communities and health systems, OSU-COM offers a dynamic Urban Underserved Medical Track. For medical students who are interested in health disparities in urban areas it creates a pathway to serve urban underserved communities as primary care physicians.

For more, visit [okla.st/urbanunderservedmedicaltrack](https://okla.st/urbanunderservedmedicaltrack).

## Benefits:

- The Office of Clinical Education works closely to develop personalized plans of study that match students' specific interests;
- Unique hands-on training and experience with physicians who understand the challenges and limited access to medical services in rural, urban and underserved communities and tribal health systems;
- Opportunities to experience and collaborate on innovative models of health care delivery such as telehealth and virtual medicine;
- Learn about indigenous health disparities among Native Americans and career opportunities in tribal health care; and
- Learn about racial, ethnic, socio-economic and gender health disparities and receive training to care for patients in a free clinic.

## Successful students are:

- Mission-focused on serving rural, tribal and underserved communities;
- Work on research projects to address health care issues to implement positive change;
- Passionate about improving and treating health disparities in tribal, rural and underserved populations; and
- Interested in practicing family medicine, obstetrics and gynecology, emergency medicine, general surgery, psychiatry and behavioral health, internal medicine or pediatrics.





OSU College of Osteopathic Medicine students take part in a Global Health trip to Africa in 2023.

## Global Health Track

The Global Health Track is offered to medical students interested in global health and international outreach. The curriculum is designed to provide students with an opportunity to explore issues in the delivery of health services in other countries, as well as a survey of issues related to global health care.

The Global Health Track is limited to 15 students per year. Students in the GHT can be enrolled in another health track.

For more, visit [okla.st/globalhealthtrack](https://okla.st/globalhealthtrack).



Students have the option to enroll in designated global health courses through the School of Health Care Administration to receive a Graduate Certificate in Global Health.

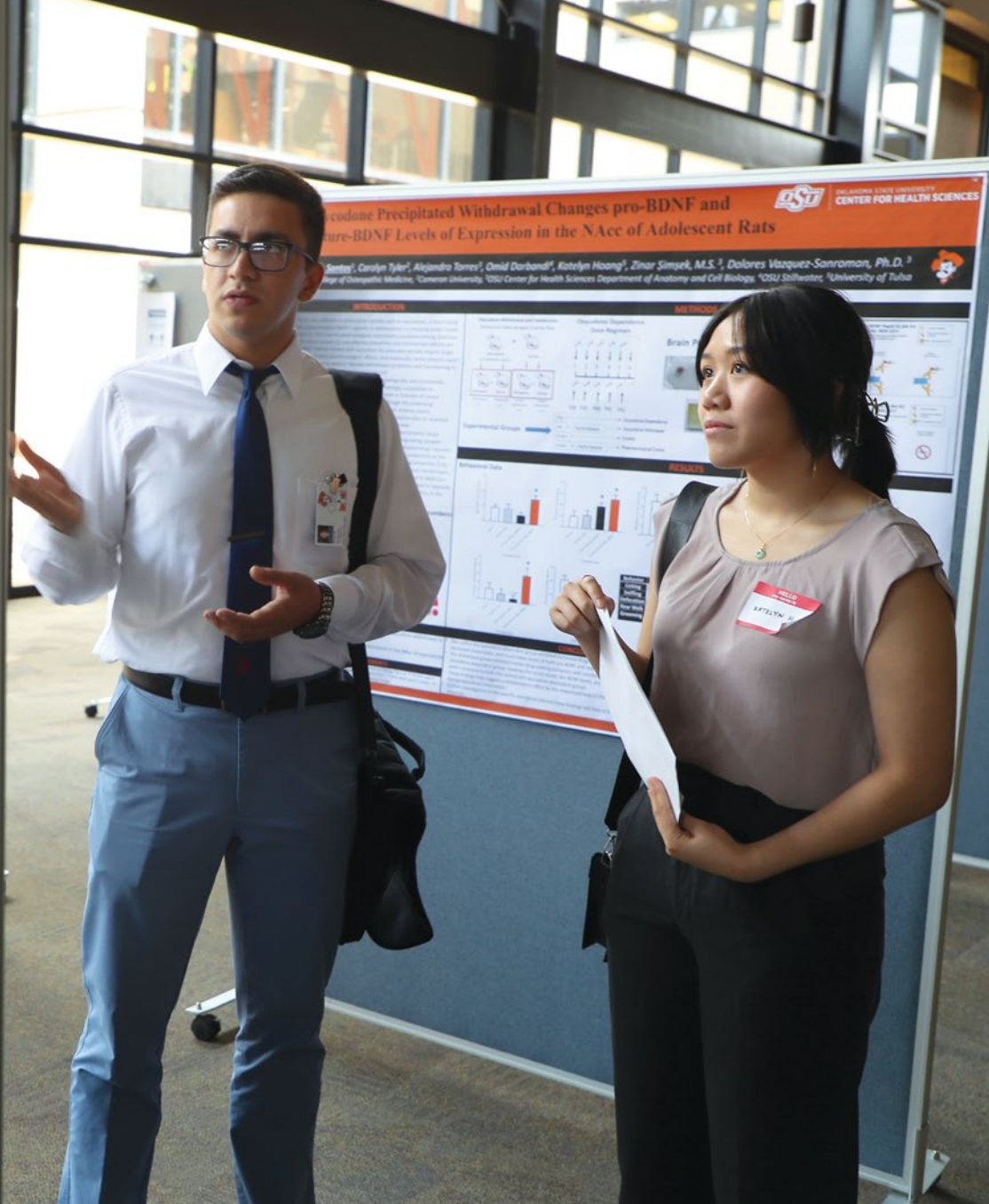
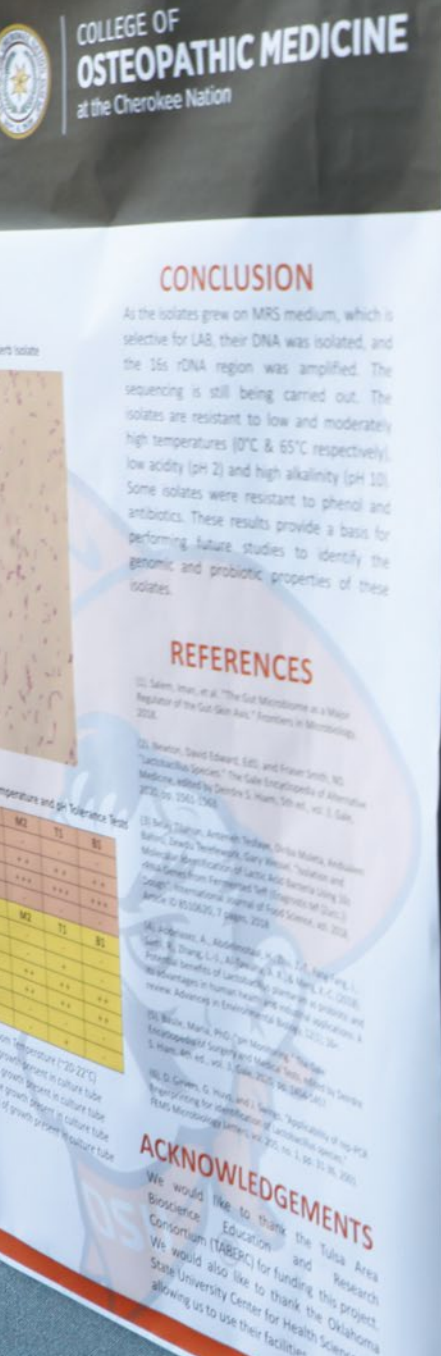


# WHERE YOU MATTER

At Oklahoma State University, who you are and where you come from matter. Providing a wide range of ways to understand and engage with the world, identifying opportunities and creating solutions are core to our mission as a land-grant university. We fulfill our mission and enrich our campus community by maintaining a welcoming and inclusive environment that appreciates, values and fosters a sense of belonging for all.

We embrace those with different and unique identities, characteristics, experiences and perspectives. We work so everyone has what they need to succeed by increasing access, resources and opportunities for all. We create a welcoming culture where differences are celebrated and everyone is valued, respected and able to reach their full potential.





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There are so many different ways to get involved at OSU-COM. For me, one of my favorite extracurriculars has been research. I have been able to learn so much about medical research by being a member of Matt Vassar's team with the Office of Medical Student Research. Additionally, something unique about this team is the amount of mentorship involved. Whether it is peers, upperclassmen, or Dr. Vassar himself, everyone is willing to be so helpful and provide guidance where they can.

— Merhawit Ghebrehiwet, OSU-COM Class of 2025





# MED STUDENT RESEARCH

Medical students at OSU-COM have several opportunities to carry out research including hypothesis-based research, clinical sciences or other scientific research opportunities. Many of our faculty support research efforts of our students whether it's developing an abstract, creating poster presentations, presenting at a conference or writing a paper.

The Office of Medical Student Research (OMSR) was established specifically so medical students interested in research can become familiar with the opportunities available on campus. Students develop investigation skills through the pursuit of new discoveries under the direction of a faculty research mentor.

OMSR hosts monthly Lunch & Learns where students learn about upcoming research opportunities and OSU Center for Health Sciences faculty discuss their research topics and areas of interest.

Students interested in research work are placed in labs or teams based on their areas of interest including those related to Adverse Childhood Experiences, substance use disorders and more. Findings and studies authored by students have been published in numerous journals and publications including the Journal of the American Medical Association and Oklahoma State Medical Proceedings among many others.

For more information, visit [okla.st/COM-research](https://okla.st/COM-research).

“Medical students who can participate and engage as part of my lab have the opportunity to choose what research branch they are interested in, usually spending a summer conducting research related to this topic. They can gain research expertise and have a couple of poster presentations under their belt that will make them more competitive when they apply to a residency program.

— **Dolores Vazquez-Sanroman, Ph.D.**

Associate Professor of Neuroanatomy and Cell Biology  
Neurobiology of Addiction Lab

In 2022, OSU medical students had

134

research poster  
presentations

87

articles, letters  
or papers  
published in

64

journals and  
publications  
including:

- Journal of the American Osteopathic Association
- BMJ Evidence-Based Medicine
- American Journal of Lifestyle Medicine
- Journal of Osteopathic Medicine
- European Journal of Emergency Medicine
- JAMA Ophthalmology

# RESIDENCY MATCHES

OSU College of Osteopathic Medicine continues to strengthen its residency programs through important partnerships and invaluable legislative support.

OSU Center for Health Sciences offers 300 accredited residency and fellowship positions and the Osteopathic Medical Education Consortium of Oklahoma (OMEKO), staffed by the OSU-CHS Office of Graduate Medical Education, offers 184 accredited residency positions. In all, OSU and OMEKO offer 484 residency positions in clinics and hospitals across Oklahoma.

For the past eight years, OSU-COM has had an average 100 percent residency placement rate.

The OSU-CHS campus is located two miles away from the OSU Medical Center, one of the nation's

largest osteopathic teaching facilities and a pillar of the OSU Academic Medical District. In 2025, the new Veterans Hospital and Oklahoma Psychiatric Care Center will open in the medical district, right across the street from the OSU Medical Center, creating an additional 100 residency slots.

Unique within the OSU residency system are sponsored programs with tribal nation medical facilities in Oklahoma including the Cherokee Nation, Chickasaw Nation and Choctaw Nation.

In Tahlequah just yards away from the OSU-COM at the Cherokee Nation campus, construction is underway on a new 400,000 square foot Cherokee Nation hospital that will connect to the Cherokee Nation Outpatient Health Center, which opened in 2019. The new facilities also allow for an expanded residency program with the Cherokee Nation.



We have the mission and the vision to produce outstanding physicians with a focus on rural and underserved Oklahoma. We do that by offering residency programs that have their roots in those areas. We know that residents have a tendency to stay within 100 miles of the places they're graduating from, so if you have residency training programs in those areas, those individuals become committed to that community, they become committed to the patients they serve and they want to stay.

— **Mousumi Som, D.O.**

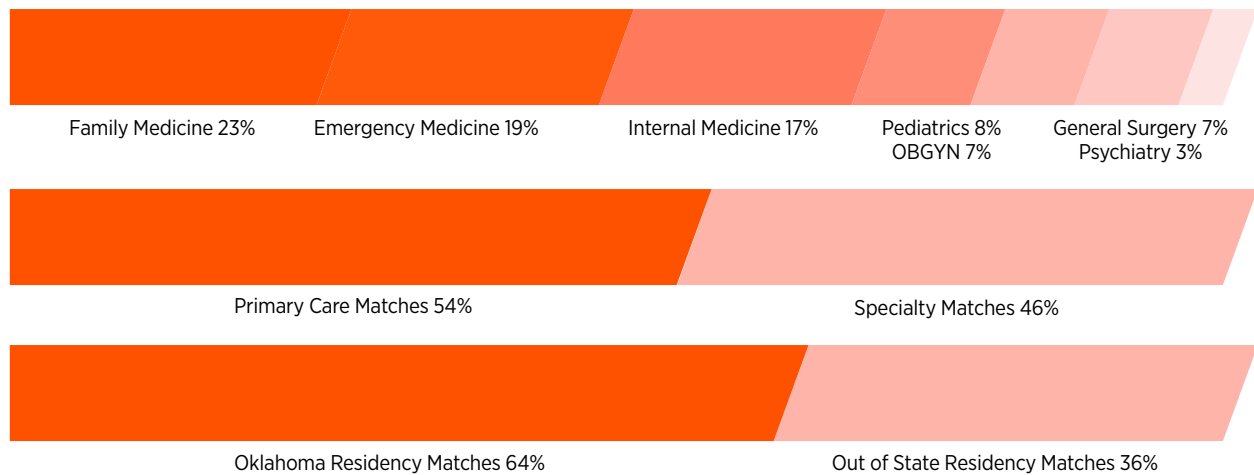
Designated Institutional Official for OSU-CHS and OMEKO Residency Programs







## Top Residency Matches for Class of 2023



## OSU Residency and Fellowship Programs (number of residency/fellowship slots)

Addiction Medicine (2)	Gastroenterology (9)	Otolaryngology/ENT (5)
Anesthesiology (12)	Internal Medicine (88)	Pediatrics (38)
Cardiovascular Disease (6)	Interventional Cardiology (3)	Psychiatry (48)
Emergency Medicine (70)	OBGYN (24)	Radiology Diagnostic (13)
Family Medicine (136)	Orthopedic Surgery (10)	Surgery (15)
Forensic Psychiatry (2)	Osteopathic Neuromusculoskeletal Medicine (3)	

# STUDENT LIFE

## We are dedicated to creating a culture of wellness.

Although course work and studying are important when attending medical school, they aren't the full student experience at OSU-COM. There are plenty of co-curricular and extra-curricular activities outside the classroom.

OSU Center for Health Sciences has more than 50 student clubs and organizations on campus including national organizations, service-based clubs and medical interest groups in specialties such as Student Osteopathic Internal Medicine Association, OSU Pediatrics Club, Sports Medicine Club, Oklahoma Osteopathic Obstetrics and Gynecology Student Association, American College of Osteopathic Emergency Physicians, and many more.

There are also culture-based student organizations including Native American Students in Osteopathic Medicine, Latino Medical Student Association, Student National Medical Association, American Medical Women's Association, Gay and Lesbian Advocacy in Medicine, American Muslim Medical Student Association and Asian Pacific American Medical Student Association.

We are also dedicated to creating a culture of wellness that enables students to achieve and maintain physical, mental and emotional health. Our Wellness Center offers fitness courses, meditation classes and a variety of lunch and learns that focus on healthy eating and overall wellness.

The Student Centers on both campuses provide a meeting space with a large kitchen and game room for students to socialize. There are also on-site fitness centers, Reboot Centers and opportunities to go outdoors in Tulsa and Tahlequah so students can step away from textbooks and screens.

The Student Government Association strives to serve all students at OSU Center for Health Sciences and OSU-COM at the Cherokee Nation by representing students' opinions, addressing different campus needs through targeted programs and providing opportunities for leadership development. SGA partners with faculty, staff and the student body to ensure the institution is constantly improving.



The Office of Student Life and Department of Wellness are always working to improve the student experience. We have platforms for students to become actively engaged in their own learning outcomes. Students provide meaningful feedback through the Student Government Association, class officers and student organizations while our staff work directly with student leaders to improve or build any new programs and services. Student engagement and input are a vital part of the student experience.

— **Angela Bacon**, EdS, MS  
Assistant Dean of Student Life and Wellness







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Health and wellness are essential to academic performance. Stress management, physical activity, nutrition, and sleep are all correlated with academic success. Our programs and services are meant to educate students on this information and provide an environment that supports health decisions. We know that school is a taxing process both mentally and physically. Our department offers a number of resources and services that allow students the opportunity to prioritize their own health and well-being. From free primary care and counseling services to campus recreation and health promotion activities, the Department of Wellness has you covered.

— **Jesse Chaffin**, MPH, CHES  
Health and Wellness Manager, Department of Wellness





# ADMISSION REQUIREMENTS

Applying to medical school is a daunting and competitive process. In addition to excellent academic performance, applicants must possess personal qualities of character, aptitude, integrity and commitment to serving others. Extracurricular accomplishments are also considered.

At the time of application, applicants must have a cumulative GPA of at least a 3.0 and pre-professional science GPA of at least a 2.75 and minimum of a 492 MCAT score. Competitive applicants will have much higher academic metrics.

## Admitted student degrees

**54**

majors

**30**

institutions

- Bachelor of Science 149
- Bachelor of Arts and Science 16
- Bachelor of Arts 11
- Master of Science 3
- Associate of Science 13





## How to Apply

- Take the Medical College Admission Test (MCAT)
- Submit the American Association of Colleges of Osteopathic Medicine Application
- Submit the OSU College of Osteopathic Medicine Supplemental Application
- Submit letters of recommendation
- If invited, participate in an on-campus interview

For more information visit  
[okla.st/osucomadmissions](http://okla.st/osucomadmissions).



Applicants must have completed the following courses with a C or above (2.0 on a 4.0 scale):

- English (2 semesters)
- Biology (2 semesters, including laboratory)
- Physics (2 semesters)
- General Chemistry (2 semesters)
- Organic Chemistry (2 semesters)
- At least one upper division level science course

## Dual Degree Options

OSU-COM offers several opportunities to pursue more than one advanced degree. A dual degree provides students with extra training and education to pursue their career goals whether it's operating a clinical enterprise, pursuing a career in medical research or becoming a leader in public health. For more information, visit [okla.st/com-dual](http://okla.st/com-dual).

### D.O./M.B.A

Doctor of Osteopathic Medicine  
Master of Business Administration

### D.O./M.S.

Doctor of Osteopathic Medicine  
Master of Science in Biomedical Sciences or  
Master of Science in Health Care Administration

### D.O./M.P.H.

Doctor of Osteopathic Medicine  
Master of Public Health

### D.O./Ph.D.

Doctor of Osteopathic Medicine  
Doctor of Philosophy in Biomedical Sciences

# ADMISSION OPTIONS

## 3+1 Program

The 3+1 Program is designed for highly motivated undergraduate students who are interested in taking a shorter path to earn a D.O. degree. The program allows students to complete both a bachelor's degree and Doctor of Osteopathic Medicine degree in seven years instead of eight.

Students spend their first three years of undergraduate studies at a partner university and in their fourth year matriculate to OSU College of Osteopathic Medicine for their first year of medical school. After completing the first year of medical school, they will be awarded their bachelor's degree from the partner university.

### To be eligible for the 3+1 Program:

- Students must attend a partner university, select an approved major, and meet with a pre-health advisor to discuss the program in their freshman or sophomore year.
- They must also have a minimum of 3.5 cumulative GPA and 3.5 science GPA, and complete 50 hours of health-related experience by the time of their application.
- Students in the 3+1 Program save time and money by completing medical school in seven years; are considered for admission among a smaller pool of applicants; receive a guaranteed interview if they meet program criteria; and qualify for scholarships if they select the Rural Medical or Tribal Medical tracks.

For more information, visit [okla.st/3plus1](https://okla.st/3plus1).

## Guaranteed Interview Program

The Guaranteed Interview Program provides prospective students from partner universities in Oklahoma with a clear path to earn an interview with OSU-COM. Each partner university determines the prerequisite courses and academic requirements mandated by their institution. Prospective students who have met the requisite criteria for admission will be guaranteed an invitation to interview with the admissions committee at OSU-COM.

### To be eligible for the Guaranteed Interview Program:

- Students must have a 3.5 or better GPA.
- Score a minimum of 502 on the MCAT.
- Have at least 500 hours of work or volunteer experience in a health-related setting at the time of application.

For more information, visit  
[okla.st/guaranteedinterview](https://okla.st/guaranteedinterview).

Students in the 3+1 Program are considered for admission among a smaller pool of applicants.



## Graduate Certificate in Medical Sciences

For students who need to improve their academic readiness for medical school, OSU Center for Health Sciences offers a Graduate Certificate in Medical Sciences. The program is designed to provide a foundation in biomedical sciences that helps aspiring medical students improve their grade point average or MCAT score before applying for medical school. The certificate program includes courses that mirror content areas of curriculum in the first two years of medical school.

For more information, visit [okla.st/medicallsciences](https://okla.st/medicallsciences).

There are several pathways to the Medical Sciences Certificate including the Bridge Program, Guaranteed Admission Program and the At-Large Application.

### At-Large Application

Students apply through the OSU Graduate College and in addition to coursework and academic requirements, applicants must also submit a statement of purpose describing their personal goals, how the degree will support those goals, and a brief description of experience or qualifications.

#### REQUIREMENTS

- Complete an application through the OSU Graduate College. Application opens January - May 1.
- Completed baccalaureate degree
- GPA of at least a 3.0
- Completed academic coursework with no grades lower than a C
- Submit statement of purpose describing your personal career goals and how the master's degree will support these goals.
- Students will apply as traditional applicants to OSU-COM during their time in the program.
- Minimum MCAT score 498.

For more information, visit [okla.st/medicallsciences](https://okla.st/medicallsciences).

## Bridge Program and Guaranteed Admission Program

The **Bridge Program** is designed for high-potential students who come from disadvantaged backgrounds or are pursuing medicine as a second career. OSU supports students by providing an admissions option that includes a year of academic preparation prior to entering medical school. If students complete the AACOMAS application, OSU-COM supplemental application and other admission requirements, they may be invited for an interview.

For more information, visit [okla.st/bridgeprogram](https://okla.st/bridgeprogram).

The **Guaranteed Admissions Program** is a route to admission to OSU-COM that provides students with the opportunity to hone their academic skills prior to beginning medical coursework. Students who exhibit strong personal characteristics and a commitment to fulfill the mission of OSU-COM may be invited for an interview to the Guaranteed Admissions Program.

For more information, visit [okla.st/gap](https://okla.st/gap).

Bridge and Guaranteed Admission students are guaranteed admission to the college of medicine provided they:

- Meet all requirements for successful completion of the Certificate in Medical Sciences within one year of matriculating in the program;
- Earn an A or B in each course of the Certificate in Medical Sciences Program; and
- Improve their MCAT score by July 1st of the year
- in which they expect to matriculate to medical school. Bridge Program students are required to score a minimum of 492 on the MCAT. Guaranteed Admissions Program students are required to score a minimum of 498 on the MCAT.

# FUNDING YOUR FUTURE

OSU-COM offers top-notch medical education at an affordable price. For in-state students, tuition and fees are significantly less than those charged by private medical schools.

We also offer students with permanent residency in Arkansas, Kansas and Missouri an out-of-state tuition waiver to defray the costs associated with the out-of-state tuition rate. Students who score at least a 500 on their MCAT and have a 3.5 overall GPA may be eligible.

## Financial Aid and Scholarships

We understand that pursuing a medical education is a significant investment in time and money. The Office of Financial Aid will assist you in determining your eligibility for federal and institutional financial assistance.

Becoming a D.O. doesn't have to equate to debt overload and we are here to ensure that we provide you with suggestions for keeping your

expenses minimal. If you choose to borrow student loans to cover some or all of your educational expenses, our goal is to provide you with a financial awareness plan for borrowing, budgeting and successful repayment strategies after graduation.

Scholarships are also available for those who apply and qualify. Our generous scholarship donors provide hundreds of thousands of dollars of scholarships to students each year. Federal work-study is also available to off-set a portion of educational expenses by providing students who qualify with on-campus employment.

OSU-COM boasts one of the lowest average student loan debt loads of any medical school in the country.



Medical school can be expensive, but there are options available to help finance your education. The OSU-CHS Office of Financial Aid works with all qualified students to help meet the cost of their education through scholarships, federal or private student loans, federal work study, veteran education benefits, military health profession scholarships, or other programs.

— **Teri Cochran**, Director of Financial Aid







Second-year students learn the process of scrubbing in as well as how to maintain a sterile field in the operating room.

“

Learning about medicine and working toward my goals has been amazing, but what made it even better was the friendships I've made along the way. My new friends and I bonded over ping pong games and lunchtime chats, and we quickly became a tight-knit group that supported each other through our first year of medical school. I couldn't be happier with my decision to attend OSU-COM. The learning environment, combined with the camaraderie and encouragement from my peers, has truly made my first year a success.

— **Abby Crosswhite**, Class of 2026  
OSU-COM Tulsa





Schedule a tour of our campuses,  
an advisement appointment or  
register for a recruitment event.

[okla.st/com\\_upcoming](https://okla.st/com_upcoming)



# MEDICINE

[medicine.okstate.edu](https://medicine.okstate.edu)

The Oklahoma State University Center for Health Sciences prohibits discrimination against qualified individuals based on their age, race, ethnicity, color, religion, sex, sexual orientation, genetic information, gender, gender identity or expression, national origin, disability, protected veteran status, or other protected category with regard to employment, educational programs and activities, and/or admissions. Examples of sexual misconduct and/or sex discrimination include: sexual violence, sexual harassment, sexual assault, domestic and intimate partner violence, stalking, or gender-based discrimination. OSU-CHS encourages any student who thinks that he or she may have been a victim of sexual misconduct or sexual discrimination to immediately report the incident to the Title IX Coordinator (campus contacts below). Students may also report incidents of sexual misconduct or sex discrimination to a faculty or staff member, who is then required by federal law (Title IX) to notify the Title IX or Deputy Title IX Coordinator. If a reporting student would like to keep the details confidential, the student may speak with staff in the Student Counseling Center (918-561-1822) or the University's Victim Advocate (918-200-5218). For more information regarding Title IX violations, please go to: <https://medicine.okstate.edu/hr/iis2many/policies.html>.

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