# Oklahoma State University Center for Health Sciences College of Osteopathic Medicine Rural Health Focus Week CLME 8861: – 1 credit hour – September 14<sup>th</sup>, September 28<sup>th</sup>, October 12<sup>th</sup>

## **COURSE COORDINATOR:**

Course Coordinator: Duane Koehler, D.O., President ACOFP, OMECO, Designated Institutional Official

Course Director: Vicky Pace, M.Ed., Director of Rural Medical Education

Course Contact: Lori Boyd, M.S., Rural Health Program Manager

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Rural Health Office: 1716 Phoenix Avenue

Office Hours: 8:00 a.m. – 5:00 p.m. (Monday-Friday)

#### COURSE DESCRIPTION:

Course Length: 3 Days Course Day/Time:

Friday, September 14, 12:00 pm to 3:00 pm (includes lunch) Friday, September 28, 12:00 pm to 3:00 pm (includes lunch) Friday, October 12, 12:00 pm to 3:00 pm (includes lunch)

Course Format: Required

Student Level: 2<sup>nd</sup> Year Osteopathic Medical Students

Though medical issues are covered in students coursework includes rural, all the factors unique to rural care may not be. We know from a review of the literature that providing primary care to any population improves their health care status. Since Oklahoma ranks near the bottom in the nation regarding our health parameters, it seems clear that we need to improve in two areas: increase the number of primary care providers and prepare physicians for **rural** and underserved practice by providing knowledge and skills needed.

## **COURSE GOALS**

The goal of the course is to provide the student with a rural perspective and provide information that is unique to rural areas. The differences in the rural culture and demographics make physician recruitment in rural areas more difficult. Rural representation in future D.O. leadership is needed and this course will aid in that preparation.

## **COURSE OBJECTIVES**

The objectives of Rural Health Focus Course are:

- Explore rural health disparities in rural communities
- Discuss how policy impacts rural communities, hospitals and physicians
- Describe how groups such as PMTC, NRHA, StORM and others contribute to improving rural health care in Oklahoma
- Demonstrate the osteopathic rural family physician's role as the physician of first contact that delivers family-oriented medical care to rural patients
- Compare the rural physician's lifestyles to urban physician lifestyles and how it relates to their practice decision making
- Analyze health care resources in rural settings
- Identify the unique nature of rural medicine and examine limitations to care

Rural Focus Course Syllabus Revised 7/2/2018

- Describe the cooperative nature of rural health care professionals
- Describe various leadership roles of physicians in rural settings
- Gain a unique perspective of rural hospital's challenges and hiring practices
- Explore the use of technology (i.e. telemedicine) to address needs in rural communities
- Discuss how care of patients with disabilities is managed in the rural setting

#### **METHODS OF INSTRUCTION:**

Activities covered may include the following:

- Reading assignments
- Panel sessions
- Guest speakers
- Small group discussions
- Course evaluation

# **EVALUATION OF STUDENT PERFORMANCE/COURSE GRADING:**

Grade	Points Needed: 70% or more to pass
Satisfactory/Pass	Attendance and Participation: (30% each day and 10% for required reading)
	Course Evaluation: Required (late after October 21st)
Unsatisfactory/Fail	Anything less than 70%

- 100% attendance and participation are required for all assigned activities. Students are
  expected to attend all scheduled activities as assigned and remain in activities once instruction
  has started. Students are expected to complete activities and contribute consistently and
  positively to class discussions.
- Any absences must be excused by the Course Coordinator. Excused absences may require
  make-up as instructed by the Course Coordinator. Exception to the Rotation Application is
  required. Form is available in LCMS+ Rural Health Focus Course Forms.
- A grade of "I" (Incomplete) may be assigned if the Course Coordinator recommends an extension and sets forth reasoning for the recommended extension.
- An unexcused absence may result in failure of the course and/or a non-cognitive grade of "N", "Needs Improvement" grade.
- Failure of the course requires remediation as instructed by Duane Koehler, D.O. Students must remediate prior to beginning third year rotations.
- Grievance of a course grade should start with the Course Coordinator, Duane Koehler, D.O.

#### **COURSE EXPECTATIONS AND REQUIREMENTS:**

Students are expected to read the syllabus, the schedule and required readings **prior** to the first class. Students are highly encouraged to attend all sessions and participate in the group assignments.

#### **Required Course Evaluations**

Students are **required** to submit an online Course Evaluation that includes Rural Health Presenter Evaluations. Evaluations will be available **online only** in LCMS+ at the end of the course. Links to the Evaluations will be sent to each student's **okstate** e-mail address; the links are individual and cannot be shared with others.

## Required Reading

Students are highly encouraged to read the following **prior** to class. If a class is missed and approved, student will be required to turn in a review and reflective paper to pass the course.

Alfero, C., Barnhart, T., Bertsch, D., Graff, S., Hill, T., Lee, D., Ross, M., Schmidt, J., Slabach, B., & Sparks, K. (2013). *The Future of Rural Health, National Rural Health Association Policy Brief.* Retrieved from <a href="http://www.ruralhealthweb.org/go/left/policy-and-advocacy/policy-documents-and-statements/official-nrha-policy-positions">http://www.ruralhealthweb.org/go/left/policy-and-advocacy/policy-documents-and-statements/official-nrha-policy-positions</a>

## **Suggested Readings**

National Rural Health Association 2017 Legislative and Regulatory Agenda. Retrieved from <a href="http://www.ruralhealthweb.org/go/left/policy-and-advocacy/policy-documents-and-statements/official-nrha-policy-positions">http://www.ruralhealthweb.org/go/left/policy-and-advocacy/policy-documents-and-statements/official-nrha-policy-positions</a>

Barnidge, E. K., Radvanyi, C., Duggan, K., Motton, F., Wiggs, I., Baker, E. A., & Brownson, R. C. (2013). Understanding and addressing barriers to implementation of environmental and policy interventions to support physical activity and healthy eating in rural communities. *The Journal of Rural Health*, 29, 97-105.

Rural Health Research & Policy Centers (2010). *Challenges for improving health care access in rural America: A compendium of research and policy analysis studies of rural health research and policy analysis centers*. Retrieved from <a href="http://www.raconline.org/pdf/research\_compendium.pdf">http://www.raconline.org/pdf/research\_compendium.pdf</a>

## **Non-Cognitive Grade**

The grade of S (satisfactory) or N (needs improvement) will be assigned based on performance with regards to the College's non-cognitive academic standards. A grade of N will be accompanied by a written statement describing the deficiency that led to the grade and the non-cognitive standard(s) for which the student was deficient. The non-cognitive academic standards and the guidelines for assigning grades may be found in the OSU-COM Academic Standards Handbook.

#### **Special Academic Assistance**

Students seeking accommodations for disabilities should follow College policy and procedures (<a href="http://centernet.okstate.edu/students/disabilities/policies.cfm">http://centernet.okstate.edu/students/disabilities/policies.cfm</a>) and contact Office of Student Affairs for assistance.

#### Student Professionalism

Students in this course are expected to exhibit professionalism, which includes the following:

- Reliability and dependability in attending, preparing for and participating in course activities
- Communicate respectfully, articulately, and confidently in course activities
- Engagement in active learning
- Putting your peer's needs above your own in the active learning environment
- Accepting and applying constructive feedback about your performance in the course
- Behaving in an ethical manner with regard to academic conduct (see "Academic Integrity" section
  of the syllabus below)Demonstrating a desire to exceed expectations (i.e., minimal standards and
  requirements for tasks, assignments and responsibilities)

(Adapted from Hammer, DP, Berger, BA, Beardsley, RS, Easton, MR. *Excellence series papers: Students professionalism.* American Association of Colleges of Pharmacy, 2003).

#### **Academic Dishonesty**

The Academic Dishonesty Policy is seen under the student affairs section under Academic Information at <a href="http://www.healthsciences.okstate.edu/student/academic\_info/dishonesty.cfm">http://www.healthsciences.okstate.edu/student/academic\_info/dishonesty.cfm</a>. Please review this policy.

# **Copyright & Fair Use Policy of Course Materials**

Course materials may not be published, leased, sold to others, or used for any purpose other than appropriate OSU-related individual or group study without the written permission of the faculty member in charge of the course and other copyright holders. This paragraph grants you a limited license giving you access to materials for this course, including PowerPoint slides, audio/video recordings, written, or other materials, for appropriate OSU-related educational use only. Lectures should not be recorded without permission and must not be further disseminated or shared.

# **General Expectations of Students**

By enrolling at Oklahoma State University Center for Health Sciences, you accept responsibility for complying with all University policies and contracts, and for local, state and federal laws on- or off-campus that relate to the University's mission. **The Academic Standards Handbook** explains the standards of behavior expected of you, processes in place for enforcing the rules, and the University's response to violations. In general, the University expects you to respect the rights of others and authorities, represent yourself truthfully and accurately at all times, respect private and public property, and take responsibility for your own actions and the actions of your guest(s).

#### Title IX

Information, including confidential and non-confidential reporting options, can be found at <a href="http://lis2manychs.okstate.edy">http://lis2manychs.okstate.edy</a>