



3+1 Program

OSU Center for Health Sciences - College of Osteopathic Medicine

OSU-CHS seeks to admit students who desire to become primary care physicians in rural and underserved Oklahoma. The 3+1 Program allows students to complete their pre-doctoral medical training in seven years by completing three years of undergraduate education at OSU-Stillwater and four years of medical education at OSU-CHS in its Rural Medical Track (RMT). Students apply for the 3+1 program in their sophomore year at OSU-Stillwater. After successfully completing the first year of medical school and meeting the academic requirements, OSU will award an undergraduate degree to students accepted in the 3+1 Program.

To qualify for the 3+1 Program, applicants must meet the following requirements:

- Be a resident of the state of Oklahoma;
- Have a strong desire to practice primary care medicine in rural or underserved Oklahoma;
- Be a full-time student (minimum of 12 semester credit hours for fall and spring semesters) enrolled at Oklahoma State University;
- Be enrolled in an approved 3+1 major at OSU-Stillwater (see approved list below); and
- Complete the following courses by the end of spring semester of sophomore year:
 - English, 2 semesters – ENGL 1113 & ENGL 1213;
 - Biology, 2 semesters (including laboratory) – BIOL 1114 & BIOL 1604;
 - General Chemistry, 2 semesters – CHEM 1314 & CHEM 1515; and
 - Physics, 2 semesters – PHYS 1114 and PHYS 1214.

If provisionally accepted by OSU-CHS to the 3+1 program, the following courses are **required** to be completed by the end of junior year:

- Organic Chemistry, 2 semesters – CHEM 3053, CHEM 3153 and CHEM 3112;
- At least one upper-division (3000-4000) level science course (although 3-5 are preferred), including but not limited to:
 - Human Anatomy or Comparative Anatomy;

- Biochemistry;
- Microbiology;
- Molecular Biology;
- Histology;
- Cellular Biology;
- Embryology; or
- Physiology.
- All mathematics courses required for the OSU undergraduate degree.
- Note: All OSU-Stillwater general education coursework must be completed prior to matriculation to OSU-COM. Please see the 3+1 suggested course sequence examples to assist prospective, eligible 3+1 candidates.

Approved 3+1 Majors at OSU-Stillwater (College Alphabetical Order):

College of Agricultural Sciences & Natural Resources

- BSAG Agribusiness: Pre-Veterinary Business Management
- BSAG Animal Science: Pre-Veterinary Animal Science
- BSAG Biochemistry and Molecular Biology: Pre-Medical or Pre-Veterinary Science
- BSAG Entomology: Pre-Med or Pre-Vet

College of Arts & Sciences

- B.S. Biochemistry
- B.S. Biology: Pre-Medical Sciences
- B.S. Microbiology/Cell and Molecular Biology: Pre Medical Professional
- B.S. Physiology: Pre-Medical Sciences
- B.S. Zoology: Pre-Medical Sciences

College of Human Sciences

- BSHS Nutritional Sciences: Human Nutrition/Pre-Medical Sciences
- Applicants must have an overall grade point average (GPA) of at least a 3.5 and Science GPA of 3.5. GPA will be calculated at the time of application and before a student matriculates to OSU-CHS;
- Must have completed 45 or more credit hours toward a bachelor's degree at the time of application to OSU-CHS;
- Courses are *strongly encouraged* to be taken at Oklahoma State University-Stillwater, except those earned as concurrent enrollment during high school, AP credits or classes taken the summer before the start of their college freshmen semester. Please note that taking all coursework at OSU-Stillwater *may* provide stronger candidate consideration for the 3+1 OSU-COM program.

- Submit a complete application for admission through the American Association of Colleges of Osteopathic Medicine Application Services (AACOMAS) by February 28 of sophomore year;
- Submit a complete secondary/supplemental application for admission by March 30 of sophomore year;
- Submit two letters of recommendation: One letter from the OSU Pre-Health Advisory Committee (PAC) and one letter from a physician (D.O. preferred);
- The OSU Pre-Health Advisory Committee (PAC) experience requires a full application to be submitted by the deadline in the fall semester of your sophomore year and your OSU PAC interview will take place early in the spring semester. Please review the OSU Pre-Professional Academic Support Services website for full details and additional information; and
- Conduct a personal interview with the OSU-CHS Admissions Committee during the spring semester of sophomore year.

Students who meet these requirements will be eligible for the 3+1 Program. Students must check the appropriate box on their secondary/supplemental application from OSU-CHS to indicate they have met the 3+1 Program requirements. Following an in-person interview, the Chair of the Admissions Committee or Director of Admissions will notify applicants of the Admissions Committee's decision by May 1. The applicant will either be granted provisional acceptance into the 3+1 Program or be invited to apply for admission in a later application cycle as a traditional applicant.

In order to maintain continued acceptance into the OSU-CHS 3+1 Program, provisionally accepted students must satisfy the following requirements:

- Maintain an overall grade point average (GPA) of at least a 3.5 and science GPA of at least a 3.5. GPA will be calculated at the time of application and before student matriculates to OSU-CHS;
- Take the Medical College Admission Test (MCAT) during their junior year and score a minimum of 492 before matriculation to OSU-COM;
- Complete all remaining undergraduate coursework required for the approved 3+1 degree plan during their junior year and submit a letter of good standing from OSU Office of Pre-Professional Academic Support Services indicating that the student has met all academic requirements.

Note: Pre-Professional Academic Support Services Office will need to coordinate with the OSU major advisor of the 3+1 candidate to verify:

- 1.) The student is in good conduct standing;
- 2.) The student has met the overall and science GPA requirements; and
- 3.) The student has made satisfactory progress towards the degree plan requirements of the 3+1 required coursework.

After completing the first year of medical school at OSU-CHS and prior to enrolling in courses for the second year of medical school, 3+1 Program students must:

- 1.) Submit a final, official transcript indicating all coursework completed *from* OSU-CHS after their first completed year of medical school and submit to OSU-Stillwater; and
- 2.) Apply for summer graduation from OSU-Stillwater by the following deadline(s):
 - April 1st – to be included in the spring *commencement* ceremony and apply as a summer graduate (to allow transcript processing from OSU-CHS to OSU).

OSU-CHS reserves the right to periodically review the Agreement and recommend changes as deemed necessary. In the event OSU-CHS makes recommendations, OSU-Stillwater will have thirty (30) days to accept or reject the proposed changes. Agreements will be reviewed annually for any updates on degree plans and majors with each college for approvals. Agreed-upon changes to the Agreement will become effective for the incoming undergraduate class for the following academic year.

For any current application cycle, OSU-Stillwater may make adjustments in academic plans on a case-by-case basis with the mutual agreement of both parties, to include the Assistant Dean for Enrollment Management at OSU-CHS and OSU Deans of Colleges with approved 3+1 majors.

Both schools have the right to terminate the Agreement at any time with thirty (30) days' notice.