

# UP AND DOWN TAG

## OBJECT OF THE GAME:

Avoid getting tagged!



## WHAT YOU'LL NEED:

- 1 large playing space
- Things to stand on/hang from (rocks, trees, toys, etc.)



## INSTRUCTIONS:

**Setup:** Define your playing space's boundaries. Then, choose a person to be "it."

**Playing the Game:** Operating with the normal "tag" game rules, a player is only safe when their feet aren't touching the ground (standing on a rock, climbing a tree, etc.) Once one player is tagged, they become "it" and the game continues.

